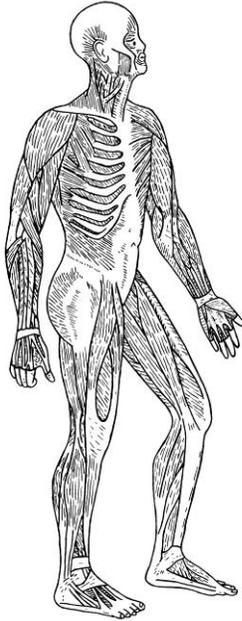


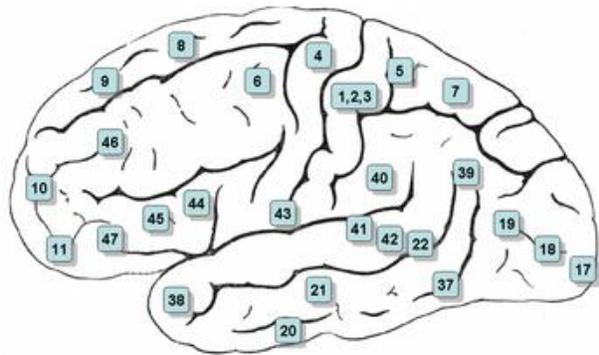
144,000: 30 – Power Up



Where there is God's will, there is God's way. When we seek, align ourselves with, and breathe in Spirit's will, He-She provides the power and the way to bring our divine inspiration into manifestation. We plug into the will of God and our Creator powers us up to speak the word and to do all that He-She would have us do. Our Christ talent of power expresses primarily via our voice box, muscles and limbs.

Will and power function together as complementary polarities, with will being the positive pole and power being the passive/receptive pole. In mortal consciousness, we tend to reverse this process. We first don't seek out the will of God. Therefore, we end up doing our own will, powering down, giving our power away, pooping out, feeling impotent or powerless, and maybe developing difficulties with our voice and muscles. At times, we may feel like we cannot handle or grasp things, stand on our own two feet, or find our own voice. If and when this happens, we need to return to the One Power, in which we live and move, speak and have our being. Not my will but Thy will be done.

Power up: Christ empowerment begins with LBOT, which stands for light body oxygen therapy. No matter what imbalance we have in our mind, soul or body, we begin the healing process by breathing in the will and sky blue light of our I Am Self. We breathe it into and through our brain, particularly in the throne of will (probably Brodmann's areas 6 & 8) in both cerebral hemispheres, which governs our respiratory system. We breathe in "super oxygen" that is the divine spark or flame of life. Just as physical oxygen sparks and powers most metabolic processes in our physical body, so does super or fourth dimensional oxygen electrify our thoughts, feelings, memories and psychic talents.



Power up: From the "juiced" will throne, the Christ energy passes to our receptive power throne, which is two-fold. Brodmann's area 4 contains large pyramidal-shaped neurons that send out signals to most voluntary muscles in the body, causing them to contract or relax, hence producing all physical movement. Brodmann's areas 44, 45 & 47 comprise our speech center. In these two major power cerebral centers, the sky blue color morphs into a deep aqua light. This is the combination of royal blue (faith), sky blue (will), white (love) and green (wisdom-judgment).

Power up: Our entire cerebrum consists of about 144 billion neurons or cells. Of these, each of our 12 cerebral thrones or centers has about 12,000 billion cells. Of the 12 billion neurons in our

power throne, by God's good grace, only 12,000 must be powered up with I Am power in order to uplift all the other cells in the cerebrum's power center. Since this power throne governs, regulates and modulates the voice box, muscles and limbs, when it is electrified with Christ light, it transfers this Christ energy and consciousness to those parts of the physical body. Now we move, speak and heal with the divine power of God that flows through us.

Power up: Of ourselves in mortal consciousness, we have little power to heal or to harmonize, and/or to move the minds, hearts and souls of others. Eons of history prove this. However, as Christ Jesus and many other masters have demonstrated and taught, as an I Am being of light we have the power to do all things and to rehabilitate every imbalance and disease. The key is to ask Spirit to do the healing and all other actions through us. We ask and we receive God power, energy, light, electricity and inspiration. We speak not from our mortal point of view but rather we speak in the name of our I Am or Christ Self. Powered by divine power, we say and do all things that Spirit would have us do.

Visualization: Surround yourself in a cocoon of Christ or etheric light. Through a tube at the top of this cocoon, which goes up to the Godhead, breathe in cosmic or super oxygen. Sky blue light flows into and electrifies your cerebrum's will throne. With this comes new inspiration as to what God's will is and how you are to bring it forth. From your will throne, power-light-energy flows into your receptive power throne, where it changes into a deep aqua color that is the color of power. Now you sense, know, feel and incorporate the willpower to do all the things that God would have you do. Although powered up, you nonetheless are humbled by this Christ presence, knowing in your heart that you are to use it wisely and carefully. For as you use power, so shall it be used on you. As you give, so shall you receive.

From your power throne, the deep aqua light radiates and flows to your throat to empower your speaking of the word. Maybe the inspiration is to pronounce inward or silent affirmations and decrees. Other times, you speak aloud, sometimes singing or chanting. You already have developed and refined your previous five powers: faith, strength, love, wisdom and will. So be confident and go with the flow. Speak in the name, and with the power of, your indwelling I Am Self. Speak in the name of Christ Jesus and of the Christ that is within all your spiritual brothers and sisters throughout the solar system. Speak in the name of the One Power, God the Good.

Ask Spirit: What would you have me do today to heal my mind, body and soul; and particularly my shoulders, arms, hands, hips, legs and feet? Ask and receive. Wait for your answer to come in God's good time and way, in such a clear and powerful presentation that you know without a doubt that this is His-Her will. Breathe it in. Feel its power. Know that it is right because it moves you in the core of your being. Envision yourself doing whatever it is that you intuit or psychically see or clairaudiently hear that you are to do. Let go and let God power flow through you. Take up your bed and walk.

Ahead of time, give thanks unto our Father-Mother Creator for your healing, rebalancing and rehabilitation. Go with God. He-She is Good. And so are you. Therein lies your greatest power!