

144,000: 31 – I Am Power Heals

In 1976, I dreamt that I was at my former college fraternity house, where four of my frat brothers were angry with me for not agreeing with them and for not being like them. They were so enraged that they came at me to beat me to a pulp. In self defense, using karate and traditional boxing skills, I fought them off and knocked each one unconscious to the ground.

The scene shifted, with the same furious frat brothers pursuing me again. I ran up a hill to the woman's dorm, went into a closet and closed the door behind me in one of the rooms, in the hope of hiding from my pursuers. They found me, however, so I used my psychic powers via my third eye to mesmerize them, at which time they fell lifeless to the floor. Like parishioners before a suggestive Pentecostal healer, they were "slain in the spirit."

In the third and final act of this soul drama, I was outdoors in plain sight. Once again, my fratricidal brothers found me. Knowing that any physical or psychic resistance was futile, I rose into I Am consciousness and said, "Father, forgive them, for they know not what they do." Instantly, they dropped all their hostility and became my friends.

This classic dream reveals the three levels of power that we may use when we power up with the will and life force of our Father-Mother Creator. The **first zone** is the physical, which appears upon first inspection to be our most powerful and practical approach. In the dream, I used my muscles and limbs, which express power, to fend off and defeat my angry brothers (when confronted with any challenge, we typically want to "do" something). In part, this was right action, in that I did so in a defensive manner. Still, such physically based power, whether in an Eastern (martial arts) or Western (boxing) mode, produces limited results that do not last.

When physical power fails, or in conjunction with our physical efforts, we may move into the **second zone**, that of psychic power, to deal with and defeat our challengers. This psychic power is the zone of the third eye, symbolized in the dream by going up the hill, entering the woman's dorm (psychic power is the realm of the soul/subconscious/feminine), and hiding in the closet (hidden recesses of our mind). However, we can run but we cannot hide. Wherever and in whatever way we have a soul weakness or blockage with psychic power, it eventually surfaces and gets exposed. However we misuse power on others comes back to us. (Later I dreamt that I had this difficulty with my frat brothers -- in real life, they also had disliked me -- because 10% of me was just like them!)

This is not to denigrate the right use of our psychic powers, via which we can intune the hidden negative motives of others (watch our back), see into the past and the future, recall our past lives, read someone's aura or even do so-called psychic surgery. Via creative visualization, we can implant new images in our mind and empower others to heal their souls. Nonetheless, psychically centered power is not the full or complete use of our spiritual power as a child of God. Moreover, we can misuse our psychic talents to misguide others, to misdiagnose the cause of their imbalances, or to draw attention to ourselves as being somehow unique, powerful and special. We can "blow smoke" that mesmerizes the gullible, wounded and the less discerning ones.

Hopefully, sooner rather than later, we accelerate into the **third zone** of power and mastery. This is the aspect of mental-spiritual power, the speaking of the word. How do we rightly deal with those that would control, harm or manipulate us or others? Physically, we stand in our power, and protect and defend ourselves when necessary. Psychically, we are wise as a serpent, gentle as a dove, always using our intuitive talents to help others. Spiritually, we call upon our Father-Mother Creator to forgive our tormentor; we call forth the Christ in this soul who is powerless to hurt the I Am Self within us.

A couple weeks ago, I dreamt that I was leading a workshop attended by healers of all levels of spirituality and healing expertise, each of whom obviously (to me) had some difficulty with power. Rather than react to, try to exorcise or be disgusted by their power plays and dysfunctions, I confidently said: God loves you as the child of God that you are, and He-She forgives you. In response, I saw and felt each person letting go of their power problems, and letting God flow more freely through them. By my faith in their I Am power, they were healed.

Visualization: Enclose yourself in a cocoon of Christ light. Power up by breathing in the will of God, which flows as sky blue light into your cerebrum's will throne. Not my will, dear Lord, but Thy will be done. From the will throne, Christ electricity and deep aqua light flow into your adjoining power throne, which transfers it to your third eye and throat chakras, and to and through your arms and legs. Now you are empowered by Spirit to do all things by having God do these things through you.

Picture your nemesis a few feet in front of you. It may be your boss, an ex-spouse, a son or daughter, a difficult client or patient, or a world leader. Wrap this individual in a cocoon of light. Let go of any desire you have to fight against this person, to engage them in a discussion about their faults, to prove that you are right and they are wrong, to explain yourself to them, or to teach them a lesson. Let go of this mind chatter. Let it power down and disappear into the void.

Call upon our Father-Mother Creator to forgive this tormented soul: Beloved Spirit, forgive this person for he/she knows not what he/she does. Let the forgiveness flow through you. If so inspired, physically say: I love you and I forgive you. Or maybe you say: Hail to the Christ in you. Maybe a new I Am image comes to you in which you see this individual in some entirely new light. Perhaps you lift up your hands and project I Am healing power to this soul.

In all of these ways, help this person to power up, to rise up into I Am consciousness, to wake up spiritually, and thereby to become your friend. See it. Speak it. Be it. Have faith in your power to be a healing channel to bring this forth. By your powerful faith, so must it be.