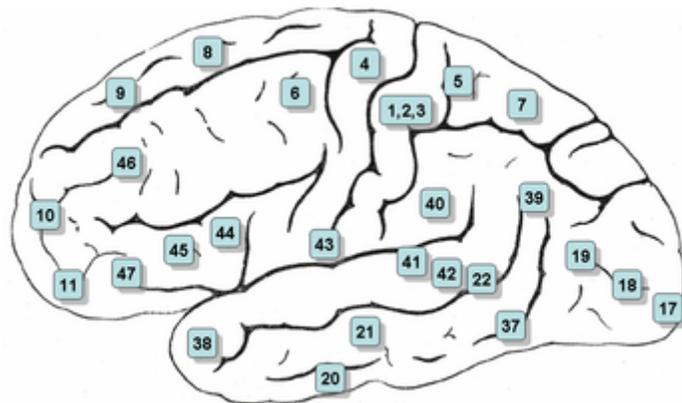


144,000: 44 –Feed Faith to my Sheep

Upon awakening this morning, I chuckled and shook my head at my seemingly nonsense **dream**. In it, I was with a former Mark-Age staff member named Theon who had made his transition (died) on August 2, 2007. His head had been severed from his body, yet incredibly he and his head were still alive. Moreover, he somehow believed that he could heal himself and regenerate a new body. Deeply touched by his rare faith, I decided to do anything to help him. I lovingly cradled his blood-stained head in my hands and moved it wherever he wished to go.

In the next scene, Theon told me that he had discovered a diet that was facilitating his rebirth. Three or four times a day, he was eating **blueberries and chocolate**. Well, how nuts was that!?! Still, so deep was his faith in this that I again felt compelled to assist and support him. In the last scene, to my amazement and utter delight, he had regenerated almost fully a new physical form from his head down, with only the feet and hands needing further growth. With that, I awoke.

At first, I dismissed this entire dream, thinking that it was like so many other “garbage” dreams I have had lately. Then, in the shower, it came to me that the blueberries may represent the royal blue color of faith; with their abundant antioxidants they are known to be excellent brain food, even being dubbed “brain berries.” The brown chocolate may symbolize the ingesting and incorporating of faith on Earth in this third dimension. Mustard yellow, the color corresponding to order and the digestive system, is a combination of yellow sunlight, green plants and brown earth. Like blueberries, chocolate is loaded with antioxidants. It also contains alkaloids like theobromine and phenethylamine that may stimulate Brodmann’s area 10 in the prefrontal lobes of the cerebrum, which is where the **order throne** probably is located; and make us feel like all is well in our world.



So, maybe my dream wasn’t so crazy after all. Maybe my Dream Maker, with abundant good humor and extraordinary originality, was telling me **to keep the faith, to fortify my faith, to be fed and nourished by my faith, to build in my faith in a systematic and orderly way, and to loving feed my faith to others**. After all, whatever the cleansing or crucifixion, with a diet of faith in God, all things are possible. Tear this temple down and in three days I will rebuild it!

This dream also may be a report about Theon and his astral co-workers. Since the end of spring this year, in scores of dreams and meditations, I have sensed the disturbance, upheaval and “acting out” of those in the astral planes that surround the Earth. Their resistance to, and at times rejection of, the higher light frequencies has spilled over to those on Earth; feeling their negativity has caused me to be dizzy and nauseous, irritable and depressed, especially in the last two weeks. Now, according to my current dream, some in the astral planes have embraced

and incorporated the higher frequencies, and have worked with them to transform their consciousness and astral body. All is in divine order.

For breakfast this morning at our Father's table, on my oatmeal I had a handful of fresh blueberries and some chocolate nibs, which are a pure form of organic chocolate with no added sugar. Yum! And then I spontaneously broke out into the famous James Brown song, "I feel good, like I knew I would." Care to dance, anyone? And then let's get back to work.

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On July 8, 2001, Lords Michael and Uriel channeled via Yolanda the following guidance that remains highly relevant today: "You are still subjected to a wave of negative forces around the planet and in the lower astral planes who wish to disrupt all the progress that is being made. Combating with the light that which is of the evil that exists, while at the same time lifting you beyond any previous experiences and awarenesses, is going to cause some confusion. One minute you will feel able to leap mountains, and the next minute you will feel you might descend into hell.

"As before, we have implored you to go with the flow. . . . In some sense, even those of you enlightened and dedicated, loving and trusting may feel the swing up and down to be more than you can endure. However, we have to tell you this: there always are such exhilaration and depression simultaneously as you experience the adventures of cosmic consciousness.

"We of the angelic realm are guarding you, giving as much support as is permissible between Earth, mortal, third dimensional, sensual difficulties while leaping to the heights of all you can possibly imagine is ahead in the fourth dimensional, spiritual glories. . . . You, who are on the Earth globe at this time, are seriously affected by the mass thoughts prevailing in Earth souls and those on the astral. This cannot be avoided. You must never assume that you can get aloof from and out of those influences. They exist; you exist. You are connected and linked inevitably. You cannot separate yourselves from others, whether you want them or not. It is the nature of God's creation.

"What you have to do is learn how to go with the flow. Never give in. Never give up. Never allow others to influence you; because you are an individualized, unique child of God, and although linked with all others, you have to do your own work. . . .

"One with God is a majority. . . . Keeping on, keeping on, is where and how the battle [between good and evil] is eventually won."