

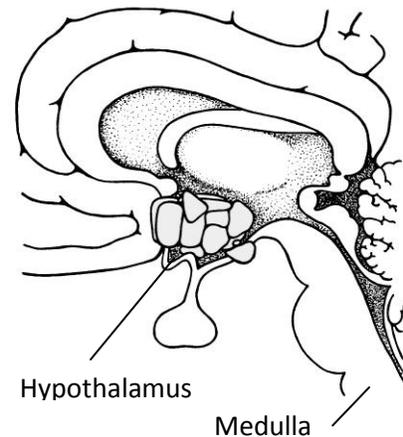
144,000: 47– The Zeal to Heal

At age 94 in 1948, Charles Fillmore, co-founder of Unity joyously proclaimed: “I fairly sizzle with zeal and enthusiasm and step forth with a mighty faith to do all the things that ought to be done by me.” Zikes! He had the zeal to heal.

Following in his footsteps, all this week, we repeatedly affirm: “***I have the zeal to heal.***” God knows that every single one of us has something in our soul or subconscious mind that in the past has fizzled and flopped, and now needs rebalancing, reordering, re-sizzling, reinfusion with joy and energy, leading to regeneration. This re-harmonization is one of the major tasks that ought to be done by us every single day for the rest of our lives.

Still, we cannot force ourselves to be zealous and enthusiastic. Rather, when we feel out of sorts, we initially have to put our life in order. Our power of order-organization-system comes first in its pairing with the power of zeal-enthusiasm. The two powers are like two sides of one coin. The positive, active, masculine power of order brings harmonious and systematic structuring, flowing and assimilating of the good of God. This leads automatically to a welling up of the passive, receptive feminine power of zeal-enthusiasm. In turn, the joyous, energetic expression of our I Am Self complements and refreshes our power of order and organization.

As given in *Birth of the Light Body*, zeal and enthusiasm express in our body temple primarily by way of the **hypothalamus and brain stem, which contains the medulla**, at the base of our brain in the center of our head. (Fillmore correlated zeal only with the medulla, since the function of the hypothalamus was unknown in his day.) The hypothalamus and brain stem have multiple centers that regulate and harmonize the automatic functions of our body, such as energy level, water balance, heart and respiratory rate, the wake-sleep cycle, libido, mood and others. The hypothalamus is located below (hypo) the thalamus and above the pituitary gland, whose secretions it regulates.



Visualization: The color for zeal is a rosy pink. Rosy means hopeful. Rosy pink is a middle pink in the full range of the pink spectrum. What we want is a balanced zeal, a middle-way zeal, not too sizzling and certainly not fizzling, not too hot and not too cold, an in-the-pink zeal, a less-is-more zeal, a healing zeal. Sufficient unto each health challenge the zeal thereof.

Imagine a tiny, tight, rosy-pink rose bud at the base of your brain, in the center of your head. Have a mighty faith that, in its good time and way, Spirit gently and systematically will open this delicate rose. As Christ light shines on the bud, it swells and gradually opens, petal by petal, revealing more and more rosy pink light that shines deeper and deeper into every aspect of your soul/subconscious. The loving pink vibration lifts your spirits, calms your mind, and fills you with renewed zest and hope. You fairly sizzle with zeal to heal, and step forth with a mighty faith to do all the harmonizing that Spirit wishes you to do today. Thank You, Father-Mother God.

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Following are two highly pertinent channeled messages that relate to zeal, which were given by the ascended masters via Nada-Yolanda. The first was delivered by Sananda-Jesus the Christ on August 8, 2001: "There is not going to be any easy time in the next dozen years or so. It shall be a matter of pacing, the use of wisdom, the comfort and assurance of our love and support. . . . Everything must be done in moderation. Less will always be more. . . . As various events occur and as many key light workers begin to fail, every single one of you will be called to the maximum loyalty, calmness and perseverance."

The second was from Dr. Hannibal and Summalt: "We plead with you to be patient, to be kind to yourselves and to each other both on the visible and the invisible realms. Do the very best you can at every moment that you can, and let go and let God. Go with the flow. Go with peace in your heart."