

144,000: 49 – *Mentor from your Center*

After we hunker down and heal our soul-hypothalamus, Spirit inevitably inspires us to serve others selflessly. It's not that we seek anyone out or that we become a zealot in advising and converting others, but rather that we take things as they come, stay focused, go with the flow, and welcome the receptive people that Father-Mother God brings to us. We do not seek to be a teacher, leader or healer, but when the occasion arises we share in a short, simple, potent way what we know to be true, because we have lived it. Whether a person comes to us physically or appears in our dreams and vision, we are a mentor. We **mentor from our center**.

On October 11, 2009, I dreamt I was in my high school's gym, where I had been devoted to sports throughout my teens. Spirit drew to me Tim Tebow, the quarterback and Heisman Trophy winner of the number one rated college football team at the University of Florida. Rather than discuss football, however, Tim talked about his love and respect for his parents, who had guided him to be deeply religious and to be the good, well-rounded person that he is. He asked me what the most important thing was that I had learned from my parents. I replied: **My cosmic Parent taught me that I am a child of God, made in His-Her image and likeness, and endowed with God-like powers**. Awed and inspired, Tim stepped back and hunkered down in order to absorb the full impact of what I had shared. After he adjusted, I offered him my spiritual diary from the first three years after my spiritual awakening, which I said would guide him should he wish to read and study it.

Upon awakening, I was overshadowed by my light body, with Tim's spirit standing before me. I bathed him in love and shared with him that now was the time for his spiritual awakening. His concussion two weeks earlier in a football game was a heads-up that if he continued to compete in this game, he would suffer similar consequences. Being highly competitive in his football years had served its purpose. It now was time for him to devote his God-given talents to cooperation and coordination, peace and love. This is what I had done in the first three years after my spiritual birth, when I had transformed from a mortal child to a spiritual youth.

Confirmation came when I looked up the name Timothy in Charles Fillmore's *Metaphysical Bible Dictionary*. Timothy was a Christian convert, who helped Paul (an earlier incarnation of Fillmore) in his ministry. Metaphysically, Timothy means, "inspired reason united with faith; also zeal." Given our focus this month on zeal-hypothalamus and faith-cerebrum, this definition by Hilarion/Fillmore/Paul, who is my and your mentor, astonished and humbled me.

Visualization: Hunker down and center yourself in a dome of light whose top is above you and whose bottom is below you in the earth. Above you is Hilarion/Fillmore/Paul or other ascended masters and angelic guardians. Safe on Earth, be at peace, fill with love and be ready to cooperate and coordinate with whomever Spirit brings to you for healing and awakening.

In front of you, see this soul who has a similar background to yours. Have faith and zeal that you can uplift and inspire him or her. Tell this dear soul that he or she is a child of God who has been gifted with twelve divine powers. As inspired from within, share anything from your early days of spiritual awakening that supports and guide this soul's reawakening to spiritual awareness. Keep it simple and sweet. With balanced zeal, **mentor from your center**. So be it.