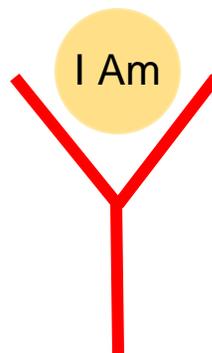
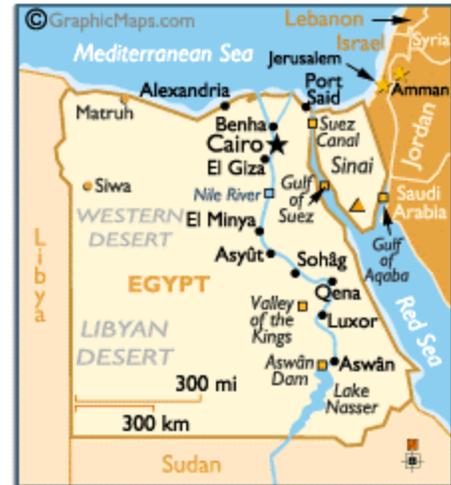


144,000: 63 – Full Dilation of your Christ Womb

In the 10th step of our labor of love to birth our light body, we descend into **Egyptian consciousness**. Egypt is in Africa, but has played such a pivotal role in the birth of I Am or Allah or Christ consciousness that we consider it as being in the Middle East. This nation represents the soul or subconscious mind that is our cosmic womb.

Focus on the **letter Y** in the center of the name Egypt. In the drawing below, the **golden circle** above the Y symbolizes the I Am Self and light body. The **V of the red Y** is the womb that receives the light form. With each Christ contraction, the fourth-dimensional light body descends the spine, which is represented by the **vertical, lower line of the Y**. Full birth is at the base of this spinal birth canal, at the regenerative chakra/reproductive organs.



Visualization: See yourself as a large letter **Y**, which is **regenerative red** in color. The two lines of the **V of the Y** are in your left and right cerebral hemispheres, while the apex of the **V** is at your hypothalamus. Above your head is a circular sphere of golden light that represents your I Am or God Self, the Christ that you are, which is like unto the sun or Ra, the sun god in Egyptian terminology. See the golden son-of-God sphere descend into both of your cerebral hemispheres via the two lines of the V, which lights up all of your 12 cerebral thrones. Visualize the golden light-body sphere descending into your soul/womb/subconscious at the zeal/hypothalamus center. Sense the golden energy moving down your spine into each of your chakras, until it reaches your regenerative chakra where its energy fully dilates the “cervix of your womb.” Fill with the zeal and enthusiasm to complete the birth of your light form in your next or 11th Christ contraction, which will take place in Jerusalem, Israel consciousness.

See yourself in **Egypt** where you radiate red regenerative light to the 1,000 elect who live throughout this country. They are of every religion, sect, ethnic group, age, philosophy and profession. With them as one, radiate red light to all Egyptians, all of whom are pregnant with the I Am Self and are ready to reawaken spiritually. As you see it, so shall it be regenerated.