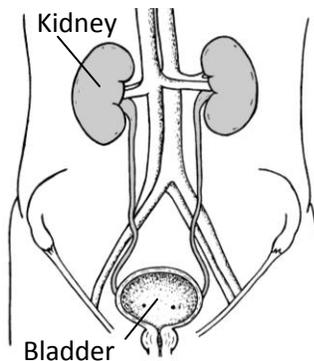
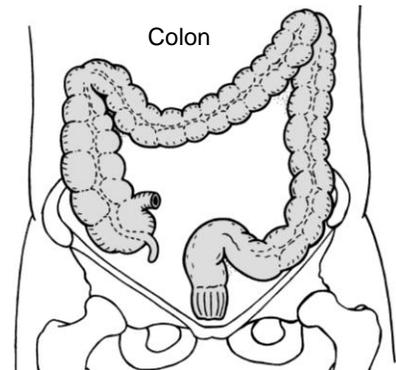


144,000: 66 –Purification & Elimination

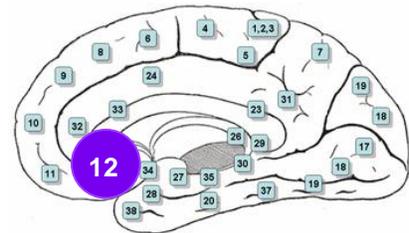
From the 11th power of regeneration in November, we move seamlessly into the 12th power of elimination-renunciation-denial in December. After a child is born, the doctor or midwife cuts the umbilical cord and removes the placenta or afterbirth. When we birth the Christ in us, we renounce and release the old vessel of our thoughts, feelings, memories and physical activities that no longer serves any healthy purpose. **We let go and let God purify us.**



In our physical body, elimination expresses primarily via the urinary system (kidneys, ureters, bladder & urethra) and colon. The urinary system filters out impurities and excess amounts of healthy substances in the blood, which are eliminated in the urine. The colon reabsorbs water and minerals, concentrates solid wastes and eliminates them during defecation.



Visualization: Although elimination occurs at the base of the body, it begins in the throne of elimination that may be located in Brodmann's area 12 that is at the base of the frontal lobes of the cerebrum. This throne has 12 billion cells but only 12,000 of them must be purified in the **violet flame of transmutation** to uplift all 12 billion cells. (Violet is the color of elimination.)



This week, see your purification as a 7-day journey through 7 chakras. **Day 1:** the purification of your perceptions begins in your brain. **Day 2:** it flows down into your third eye, polishing your soul. **Day 3:** it descends like a river into your throat, cleansing your power center. **Day 4:** it reaches your heart and removes any residue of anger, jealousy or heartache. **Day 5:** it meanders through your solar plexus and cleans out your gut. **Day 6:** it purifies your regenerative center. **Day 7:** it enters your sacral chakra and releases all the impurities from your mind, soul and body. Your whole being fills with the violet flame that glows brightly until it fades and transforms into the golden light of your light body. So be it!

