

144,000: 9 – “You Are My Son, Rahula”

On May 24, 2008, while deep in meditation, I sensed Sananda-Gautama the Buddha before me. His powerful, loving vibration was unmistakable and nearly overwhelmed me.

After I had adjusted to his magnificent presence, he said to me, "You are my son, Rahula." He proclaimed this with such certainty that at first I thought that I actually had been his son when he had been Siddhartha Gautama. In time, however, it seemed more so that I was "as" a son to him, in part due to my incarnation(s) as a Buddhist. To expand his point, however, Sananda-Gautama said that the confirmation about my being his son was in my name Robert Hugh. When I say the name Robert, the "Ro" always sounds like "Ra." Thus, Robert Hugh is like the "Rahu" of Rahula. Again, though, after more reflection, Sananda may have been saying that I had devoted myself to him in the East and the West, and thus was like a son to him.

After coming out of meditation, seeking verification and clarification, I reread the story of Gautama, his wife Yasodhara, and their son Rahula (from my past studies of Buddhism, I remembered the gist of this story but not the details). Before Gautama left to seek enlightenment, he looked in on his sleeping wife who had their newborn son in her arms. Gautama said that his child was a fetter that bound him to mortal consciousness and suffering in this world of tears. Fetter means "to bind or to chain," and Rahu means "fetter." In Hindu astrology, however, Rahu means "the ascendant part of a cycle." Thus, as mortals, we are bound or chained to suffering in our physical body, but as spiritual beings we have the ability to ascend into our Buddha Nature and light body.

Seven years later, after Gautama's enlightenment when he became the Buddha or Awakened One, his father the king asked him to visit the king's palace. Upon doing so, Yasodhara told Rahula that the Buddha was his father and that he should ask him for his birthright. When Rahula did this, the Buddha said that he had no gold or other things of this world to give him, but that he would give him the Eightfold Path to enlightenment. Rahula was so taken by this that he left his mother and lived from that time forward in the community of Buddhist disciples, and as an adult experienced his own awakening and infilling with light, love and life.

Visualization: In meditation, surround yourself in a cocoon of light. Think of yourself as being the son or daughter of Gautama the Buddha and his twin soul, Yasodhara. You are the flesh of their flesh, the blood of their blood, the light of their light. You have their DNA, which I like to call "divine nucleic acid." They are at the top of your family tree. Like them, therefore, you are destined for enlightenment and illumination, to become the compassionate Buddha that you are.

Imagine Sananda-Gautama the Buddha before you. He is your beloved father who has come to take you home to his heart. It does not matter what mistakes you have made, which have scarred your soul and made you feel like you are a fetter to others. Perhaps you have abandoned your Buddha Nature at times, or others like your father or mother have abandoned you. Whatever the fetter you feel, let it go.

The Buddha says to you, "You are my son (daughter), in whom I am well pleased; come and follow me." Without hesitation, you do so and walk with him arm-in-arm as you move toward the sun as it ascends the horizon with the dawning of a New Age of love and enlightened living.

Know that all others, especially those in the East, likewise are the sons and daughters of the Buddha, who are about to awaken, to break their chains to mortal consciousness, and to rise into their Buddha Natures. Realize, too, that Sananda-Gautama the Buddha-Jesus the Christ is coming again to be with all of humanity in his redescended light body on Earth. As you see it, so must it be.