

1 – Have Faith in God

Sananda-Jesus the Christ, master healer and primary wayshower for Earth, gave us the first step to transmute all disease: Have faith in God; by your faith you are healed. Charles Fillmore, co-founder of *Unity School of Practical Christianity*, said that faith is the perceiving power of our mind. Our cerebrum is our primary organ of perception. Our power of faith functions primarily in and through our cerebral computer. The color royal blue reflects and radiates our faith.

Perceive it: By faith, we commune with our Father-Mother God. By faith, we know without a doubt that we are the Son or Daughter of our Cosmic Parent. By faith, we perceive cosmic truths that set us free to be our I Am Self. By faith, we hear the still small voice of Spirit within us, which conveys a Christ prescription for healing our mind, soul and body.

Believe it: Based on our perception, we build in a new and expanded belief system. We affirm: I have faith in God; I have faith in my I Am or God Self. In time, our perception shifts into a higher gear. Feeling at-one with the Divine, we proclaim with full assurance: I have the faith of God; I have the faith of my Christ Self; I am that I Am. We perceive it, we believe it, and we program it into the cells, centers and circuits of our cerebrum. As above, so below.

Be it: Our cerebrum, which is the governing throne of our body, transfers the light of faith to all other parts of our body temple, which it monitors, governs and regulates. We put our faith into action, for faith without works is dead. We initiate the I Am healing prescription that we have perceived and believed. By our faith, we are healed and we are a healer.

VISUALIZATION: In meditation, for your spiritual preparation and protection, surround yourself in a cocoon of Christ light. In a counterclockwise direction, wrap this etheric energy around your body and auric field that extends about two feet away from your physical form. Leave an opening in the cocoon at the top of your head, where via faith you commune with God-the-Good. Imagine a tube or passageway extending from the top of your head to the Divine.

Picture yourself before a glorious waterfall, whose royal blue liquid-light has poured forth as a river from the throne of God and from the Christ (see *Revelation 22:1-3*). Walk under this cosmic waterfall and feel its blue energy pouring into your crown chakra and cerebrum. This inflow of Christ faith is just the right amount for you, not too much and not too little. It circulates through, accelerates, and congeals in the estimated 144 billion cells or neurons in your cerebrum. As this occurs, affirm: I have faith in God; I have faith in my I Am or God Self.

As your faith solidifies in your cerebrum, feel a shift of your perception such that you and the Divine are one. Affirm: I have the faith of God; I have the faith of my I Am Self. Then see the royal blue, faith-filled light pouring down from your cerebrum to all other parts of your body, particularly your heart. With faith and love, all healing is possible. Perceive it. Believe it. Be it.

Do this visualization for no more than 10-15 minutes, a couple times a day. Start a 12 Powers Journal and record what you receive in meditation, vision, dream and pondering.