

5 – Be a Tower of Strength

Faith is the first step in healing our mind, body and soul, and in birthing our light body. Faith is the perceiving power of our mind that functions in and through the twelve centers or thrones in our cerebral computer. By faith, we perceive and believe that we are whole, holy and healthy.

To faith, we add the second power of strength-stability-steadfastness, which expresses primarily via the spinal cord and nerves. Whatever we perceive, believe and program into our cerebrum, we now communicate through our spinal cord and nerves to all other parts of our body. To transmit our faith, our spine must be a clear conduit, a steady column of light.

Faith and strength are a complementary team, which comprise our nervous system. Faith functions as the active, positive, masculine polarity, whereas strength serves as the passive, receptive, feminine pole. By faith, we positively perceive and believe that we are a creation of our Creator. With steadfast strength and stability, we passively receive and clearly communicate our perception to all other parts of our body temple; with clarity and resonance, we hear and transmit the still small voice of our faith. In receptive, Mother-of-God stillness is our strength.

When we are overshadowed by our light form, when Spirit pours Itself upon our flesh, the first and foremost point of ignition is at our crown chakra/cerebrum. Via our cerebral cells and circuits, we faithfully perceive that we are a body of light. From the cerebrum, the higher light and electricity and power flow down our spinal cord that must be a **tower of strength** for us to remain stable and steadfast in birthing our I Am Self. In our labor, we go with the flow; we bend but do not break. With I Am strength, we follow the straight and narrow pathway of our spine.

Our spine is located in the back part of our body -- strength is like a mother who always stands behind her child. The physical, masculine strength of our muscles pales in comparison to the feminine soul strength (backbone) of our character -- the Biblical Sampson was physically strong but his soul weakness (Delilah) led him to self-destruct, whereas with Christ strength Jesus allowed his crucifixion but resurrected his light body. Our spine also traverses the middle of our body -- to heal, we follow the Middle Way of *peace, love, cooperation and coordination*.

VISUALIZATION: Surround yourself in a cocoon of Christ light, which you leave open at the top of your head. From there, see a tube or pipeline going up to the Godhead. Imagine a river of royal blue liquid-light flowing down from the throne of God, through the tube, and into your crown chakra and cerebrum. This stream of faith flows especially into your cerebrum's strength center, which is one of its twelve thrones.

Fortified with I Am faith, affirm: *I am strong, steady and stable; I am a tower of strength*. As these faith-filled words resound in the cells and circuits of your cerebral strength center, in the stillness of your mind, perceive a new degree of your God-given strength and stability.

See the royal blue liquid-light flowing from your cerebrum, down the whole length of your spinal cord and along your nerves. In time, the blue light of faith transmutes into the lemon yellow of strength. By your faith, your spine and nerves are healed. By your strength, your faith is fortified.