

## **144,000: 7 – Heal Your Family Tree**

Our cerebral strength center is composed of about 12 billion cells. Each of these neurons consists of a cell body, a single long axon and thousands of short, hair-like dendrites that are connected to the dendrites, axons and cell bodies of thousands of other nearby neurons. Each dendrite has a central trunk from which numerous branches grow; from each branch emanate smaller branches. Together, all the dendrites and their multitudinous branches comprise the dendritic tree. (See drawing in Fillmore Fulfilled.)

Just as a regular tree grows when it has sunlight, water and soil, so does each cerebral strength cell develop new dendritic branches as we imbue it with strength, stability and steadfastness. Each such branch connects with more axons and dendrites of additional cells near to it, which strengthens the circuitry and bio-electrical forcefield of the cerebral strength center. In time, the dendrites of one cell that is infused fully with strength may link with hundreds of thousands of other cells. This is why only 12,000 enlightened strength neurons are required to light up all 12 billion neurons in the strength throne.

In like manner, each time we incorporate new strength and stability in our mind, body and soul, we automatically radiate and transfer our steely steadfastness to members of our family tree. These souls are most similar to us, have a common genetic makeup, and are on our wavelength. They are the first members of our tribe with whom we share our new-found strength. To those we like or dislike, we send out the message, outwardly or via invisible lines of force, that they can do the same things that we have done. They can awaken to, and develop, the same strength that we have found and exemplified.

Our family tree, however, does not include only those of our physical lineage. Rather, our tree also is composed of our soul connections, which make up the larger part of our tree of life. We have incarnated numerous times down through the ages, preparing ourselves especially for this crucial time that has been called the Latter Days or Purification Period or War of Armageddon. We have been male and female, maybe Buddhist or Jewish, healers and those needing healing, leaders and followers. Whether we are conscious of these lifetimes or not, through the ethers we are connected with others who have had a similar set of soul experiences. When Spirit lifts us up, we lift up all of our soul brothers and sisters who, with our physical relatives, comprise our tribe.

**Visualization:** See yourself as a tree that is 120 feet tall, its roots deep in the ground, its trunk wide and strong, its branches abundant and filled with a canopy of leaves. Yellow sunlight (lemon yellow radiates strength) shines upon and electrifies you as it lights up the tree of life that you are. One with God, you are strong, steady and stable.

Before you is a short, young tree that has grown from one of your seeds. This offspring is one of your family, who is following in your footsteps. Radiate yellow light to this family member. Transfer and imbue this son or daughter with the strength and stability that you have developed in growing to your present size.

From your perch high in the top of your tree, peer into the distance to a far away land. Focus especially on a country that seems so familiar to you that it feels like it is the land of your ancestors. Perhaps you dimly or vividly remember having lived there in a previous life. In any case, radiate strength and stability to the people there, including the leaders of the country. See them growing to the sun even as they are firmly rooted in the earth. Realize anew that not a leaf drops in a forest that is not felt around the world. In this oneness is your strength. With all its branches, humanity is one tribe and tree of life.