

InVest: 11 – Be with Babaji

As the higher light frequencies pour into our cerebrum, down our rod-like spine and out our nerves, Spirit calls upon us to gird our loins. What does this mean? The word “loins” refers to the region of the low back at the base of our spine, which Charles Fillmore labeled as a primary power center for strength. Loins also refers to the whole pelvic girdle and regenerative region. To gird our loins, therefore, means to strengthen our spine, to steady our resolve, to stay the course, and to put on our spiritual armor to fight the battle between good and evil on Earth,

It is not uncommon that with the influx of the fire of light that we may have some symptoms or discomfort in our low back or loins. We also may feel inflammation, irritation and unsteadiness in our nerves in any part of our body. This may contribute to insomnia or difficulties in sleeping. At times, we may feel a wave of sadness or depression or anger come over us, which may originate from within our own soul, from mass consciousness, or from those in the astral planes.

Typically, we wonder at these times what we are doing wrong, or ask why Spirit or others are doing this to us. Our right response, however, is to gird our loins, to straighten up, to stand tall, to be strong and steadfast in adhering to spiritual truth principles. We also lighten up, keep our Spirits up, and find humor in the midst of our mortal sorrows and suffering. As Buddha said, “There is no way to happiness. Happiness is the way.”

One way we gird our loins is to be with Babaji, who always is with us. Babaji is an etheric personality of the ascended master Kut Humi, the Director of the Second Ray of Wisdom, Understanding and Knowledge. Babaji is known to his disciples in the West from the writings of Paramahansa Yogananda, and through his channelings via Nada-Yolanda of Mark-Age. In the higher planes, he is the father of India and the guru of one billion or so Hindus around the world.



To gird our loins and strengthen our tree of life, we go to the font of knowledge. Kut Humi-Babaji is such a font. As he taught through Yogananda, we draw our kundalini fire or serpent power up our spine to our crown chakra and out our crown to the Source of all knowledge. We gird our loins and lift up our mortal self into immortal consciousness. In this process, Babaji is above us, drawing us to him, cheering us on, like the sun that shines its life-giving light on our tree of life. He welcomes us as we merge with him in enlightened, cosmic, pure knowledge.

Then we descend back down our spine and bring this I Am knowledge into our thoughts, feelings, memories and physical form, anchoring it all the way down and through our spine and loins. This is the descent of the Holy Spirit, the down-flowing of the dove of baptism, the resurrection that follows crucifixion. The fire of light descends along our spine, fills us with its strength, steadies our resolve, and insulates our nerves. We are girded with God strength.

Be with Babaji. His name means “revered and beloved father.” Know that he is with you. See all Hindus in India and around the world receiving and welcoming his light, his understanding, his knowledge, which emanates from our Father-Mother God and is readily available to all who have an open mind and an open heart. With strength and knowledge, be love in action.