

## Costa Rican Mission: 1 – Build a Bridge of Love

When MariLyn Joy and I, Robert H. Knapp, MD, got married on 8/8/08, we were unable to take our honeymoon because my aged father got sick that day and died 4 days later. As so often happens, however, this seeming misfortune turned into an unexpected grand opportunity. Months later, we explored the idea of honeymooning in Costa Rica in Central America.

Its natural beauty is stunning, it has a long history of peace (with no army since 1949), its former President Arias won the Nobel Peace Prize, the United Nations' University of Peace is located there, and it has committed itself since 1992 to become the most environmentally conscious or "green" country in the world.



MariLyn especially loves the ocean and I love the mountains. To our mutual delight, MariLyn discovered a honeymoon package that was split between the two areas. Two hotels and spas, Punta Islita on the Pacific Ocean and El Silencio in the central mountains, are renowned not only as first rate resorts but also for their emphasis on spiritual intelligence, social responsibility and organic food. Like our marriage, our possible trip seemed like a match made in heaven.

Still, we asked that Spirit's will be done. On April 5, 2010, I dreamt that I was pondering whether or not to work with one of our neighbors, who lived to the south of our I Am Nation headquarters in Tennessee. At first, I concluded that it was not appropriate, but then my spiritual teacher



appeared and instructed me to do so. He said our neighbor was from Central America, and this region was the bridge or interconnecting link between North and South America. All of the Americas needed to be unified and healed. When I awoke, I felt certain that the teacher was Hilarion, Chohan of the Fifth Ray of Unity, Integration and Healing. MariLyn and I work under him in Healing Haven.

As shared on my May 27, 2009 blog, *Mary in the Americas* (<http://healinghaven.typepad.com>), the power of will expresses in the physical body by way of the respiratory system: nose, sinuses, throat, trachea (windpipe), two bronchi and two lungs. In the world, the will characteristic correlates with Mexico (nose and throat), Caribbean nations (sinuses), Central

America (trachea), and the northern part of South America with its Amazon Rainforest (bronchi and lungs). The seven nations of Central America are the “trachea” that connects Mexico of North America with Columbia, Venezuela and the northern part of Brazil in South America.

On my Network of Light audiotape 991B for the week of May 16, 2010, I guided listeners to picture a pyramid of light over Costa Rica and all of Central America. Together, we breathed in God’s will for this whole region: peace, love, cooperation and coordination.

On November 7, 2010, I dreamt that Phillel (Co-Executive Director with me of the I Am Nation), MariLyn and I attended a meeting at a center of light. It looked like our headquarters in Tennessee; morphed into our former headquarters in Davie, Florida; and finally seemed like Costa Rica. Nada-Yolanda, former co-founder and co-executive director of Mark-Age, Inc., now



in the etheric or Christ realms, chaired this gathering of about fifty light workers, most of whom I did not know. She gave Phillel, MariLyn and the others their instructions; and designated me to oversee the construction of a new center of light that was in the shape of an A-frame or pyramid. I awoke.

Fifty light workers represent the Fifth Ray focus of the large interdimensional team that has been assembled for the Costa Rica Mission. Nada speaks for the ascended masters, including El Morya-Mark, the former co-founder of Mark-Age, Inc; and Sananda-Jesus the Christ, Prince of Peace and primary spiritual wayshower for Earth. The A-frame refers to Atlantis, and to implanting Abel or I Am consciousness.

On November 9, 2010, three days before departing, I was overshadowed by Lord Michael and Lord Maitreya, who are the Co-Titular Heads of the Hierarchal Board, the spiritual government of this solar system. Lord Michael is the Archangel of the First Ray of Will and Power. Lord Maitreya is of the Seventh Ray of Peace and Love, and is the Christ matrix for the solar system.

Lord Maitreya accelerated my heart chakra, and Lord Michael placed a pole of power or scepter of light in my right hand. This staff was about 6 feet long and 3-4 inches in diameter. With peace and love, I was to implant the pole in Costa Rica, thereby anchoring the I Am Nation for all of Central America. The pole represented the spiritual powers in I Am consciousness that each child of God has to bring forth unity, healing and integration.

**Visualization:** Picture yourself in a 12-ft tall pyramid of light that superimposes over you and anchors into the earth below you. Call upon and sense the presence of your spiritual teachers and guardian angels in the higher, invisible planes. Rise up into the apex or capstone of the pyramid. Breathe in the will of God. Commit yourself fully to loving God and loving one another.

Imagine that the agents of Spirit place a pole of power in your right hand, which conveys your Christ talents to heal humanity. Prepare yourself to receive your instructions about how to use these unique powers in helping all in Central America to become a bridge of peace and love, cooperation and coordination. Ask and you shall receive. Give thanks unto Father-Mother God.