

InVest: 10 – Be a Grounding Rod for God

Ash Wednesday, which in the West this year is February 17, marks the beginning of Lent and the spring or Easter cycle. From this time to about Pentecost, which is fifty days after Easter, Spirit pours out Its light, love and peace in ever growing amounts. For those who are prepared and who stay centered and strong, this is a time of great upliftment, healing, expansion and resurrection. Those who resist experience the wailing and gnashing of teeth.

The forty days of Lent are like unto the forty days in which Jesus faced his temptations in the desert following his baptism. Our baptism with fiery light begins now. Cosmic electricity is pouring upon us, into our cerebrum, down our spine, along our nerves and out our hands and feet into the world. To rightly receive and confidently convey this fire of electrical light, we must be a strong and steady grounding rod for God. Any impurity, blockage, instability or weakness that impedes the free flow of energy must be cleansed in the baptism with water.

See yourself as a Y. The V of the Y portrays the outpouring, infilling and investment of Father-Mother God into your cerebrum. The vertical pole of the Y is your spine. Perceive God's presence and power via your faith-cerebrum, and then ground His-Her electricity via your strength-spine. As above, so below. Be a grounding rod for God.

See your spine as being 12 inches in diameter. Our physical spinal cord is about 1 inch wide and carries third-dimensional, bio-electrical energy and signals. We can think of our light-body spine as being 12 inches wide. As such, it carries, conveys and grounds the higher, fourth-dimensional frequencies and cosmic electricity that Spirit pours into and through it to Earth. Be in this light-body spine. Be your divine spine. It is the core of you, in the center of your being. It surrounds, is within and supplies your physical spine with its strength and stability. Be centered in and aligned with your divine spine. Be a grounding rod for God.

Get thee behind me Satan. When devilish thoughts and feelings arise, speak the word to dissolve and dismiss them. When you feel weak or inflamed or insecure or unstable, re-center yourself. Remember that God's strength always is in you, with you, flowing through you, for you are a grounding rod for Him-Her. Spirit never gives you more than you can handle. When it feels like you might burst, explode or break, affirm: I am a divine spine; I am a grounding rod for God.

Be grounded in God. Keep your feet on the ground, even as your head is in the heavens. Your spine connects the two levels. It is a grounding rod that conveys heaven to earth. Stay steady. Be balanced. Keep firmly rooted in peace and love, cooperation and coordination. Burn bright with cosmic light, but don't be tempted to burn up and burn out. Be a grounding rod for God.

Affirm: I am a grounding rod of our Father's light; I am a grounding rod of our Mother's love. I am a grounding rod of His-Her peace. I am a grounding rod for God.