

InVest: 26 – Step 2: Wisely Watch

Today, April 18, is the 2nd of 7 days of being a wise judge in the pyramidal courtroom of your mind. The key codeword, theme and focus for the day is: **Watch.**

The 2 downward pointing V's in the letter "W" represent the 2nd principle or 2-fold investment of knowledge (strength) and purification (elimination). This step is primarily mental, in which you carefully watch, look, see and analyze; eliminating false factors and evidence.

The endocrine focus/chamber is the 2 adrenal glands that sit atop the kidneys in the low back. Each adrenal gland has a central (medullar) and outer (cortical) section, with the central part secreting the hormones **epinephrine and nor-epinephrine**, and the outer part secreting the hormones **cortisol and aldosterone**. Epinephrine and nor-epinephrine regulate primarily the spine and nerves (power of strength), whereas cortisol and aldosterone regulate the colon and urinary system (power of elimination). One adrenal is on the left (subconscious) and the other is on the right (conscious) side of the body. Note all the amazing levels of 2 involved!

Before you (and within your 2 adrenal glands/chambers) appear 2 lawyers, one being for the prosecution and one for the defense. These 2 represent the conscious and subconscious aspects of your one mind, whereas you as the judge in I Am consciousness represent the superconscious aspect. On trial is a imbalanced condition in your mind, emotions, soul or physical body: poverty, illness, a relationship problem that needs strengthening and purification.

The prosecutor is a man, meaning the masculine, positive, active polarity of your conscious mind. In his opening arguments, he presents a systematic, cohesive, logical, analytical account of facts, figures, statistics and prevailing mental concepts. He argues persuasively that your illness is primarily mental or physical, or a combination of both. It is due to toxins, pollutants, genetics, others harming you, your habits, your mental training in schools and the school of life.

The defense counsel is a woman, meaning the feminine, passive, receptive polarity of the emotions and the soul, including memories of this and past lives. She presents an equally cogent case based on dreams, intuitions, feelings, inner awareness, and soul scars. This feminine/soul view appears at first to be diametrically opposed to the male version, but actually is a complementary picture given in symbols, stories, images, allegories and metaphors.

As a wise and just judge, watch dispassionately, objectively, circumspectly, being open to all angles, possibilities and perceptions; conscious and subconscious; male and female; present and past with an eye to the future. For, both the conscious and subconscious versions are valuable, necessary and a valid part of a just weighing and evaluation of the evidence. Look with both eyes, not just your left (subconscious) or right (conscious), and integrate the two.

Despite this thorough evaluation, at the end of the day, form no final judgment. This is just day 2. You have seen much, but still know little. Do not judge now or you will pay the piper.

Close the court, retire to your private quarters, be still and know God. Turn everything over to Divine Mind for deeper wisdom. Then, sleep on it. Tomorrow will a new day of judgment.