

InVest: 59 – Close the Hole in your Hypothalamus

Of all our twelve physical systems, our hypothalamus-midbrain-medulla at the base of our brain is the one most closely aligned with our soul or subconscious. This is where the power of zeal-enthusiasm expresses in our body, whose corresponding color is rosy pink.

When we are not in the pink, and fizzle instead of sizzle, we may have a hole in our soul, a gap in our connection via our soul with our indwelling I Am Self. One of the most important steps in healing is to clear out any remaining subconscious, self-destructive programs in our soul. It's a bit like cleaning out the pus and debris inside a wound. Once this clearing has been done and the hole is whole and holy, we need to close the hole in our soul/hypothalamus.

Imagine Sol-O-Man/Mary, your soul mother and spiritual midwife, above you yet one more time. Feel the connection with her in your third-eye/hypothalamus. You are a pole of light that rises up from the base of your spine to the center of your head. She is a superconscious pole of light that descends from above. The base of her pole meets the top of your pole.

She now welds or fuses her pole with yours. This closes the hole in your soul, the gap between you and her, the gap or opening or disconnect between you and your I Am Self. As this occurs, your third eye fills with rosy pink light. You sizzle with zeal and enthusiasm, and begin to feel ready to step forth with a mighty faith to do all the things that Spirit wishes you to do.

Still, you are not in a hurry, nor do you succumb to any temptation to try to force things. Rather, give the weld time to solidify, to cool down, such that there is no weakness in the connection between you and your I Am Self, and you and Sol-O-Man/Mary.

In time, in your inner vision, you may begin to see the rosy pink light being tinged with ruby red light, that of the power of regeneration. This signals that your next or eleventh step of rebirth and renewal is about to begin. Your Christ contractions are about to commence.

Give thanks unto Spirit, and to all the agents of Spirit, particularly Sol-O-Man for helping you to heal and close the hole in your soul. Consciously and subconsciously, you are so close to your superconscious Self that you feel your eminent regeneration and rebirth.

God is good! And all is in divine order. So be it.

