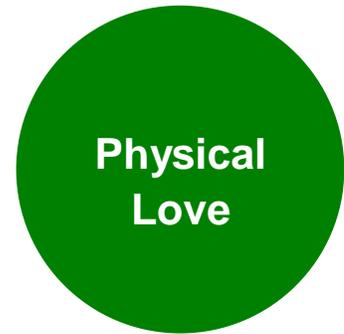


## **InVest: 22 – White Light It with Love**

Colors have unique vibrations that express our 12 Powers. Each person, however, perceives color in a unique way. Thus, in the color literature, multiple hues have been attributed to the same power. This is confusing, so here is a holistic way to do color therapy:

**Love-Physical-Green.** Commonly, each of the 7 major chakras is assigned a color of the physical spectrum: The 1<sup>st</sup> or sacral chakra is red, the 2<sup>nd</sup> or regenerative chakra is orange, the 3<sup>rd</sup> or solar plexus chakra is yellow, and the 4<sup>th</sup> or heart chakra is green; and so on, up to the violet color of the 7<sup>th</sup> or crown chakra.

The heart chakra is the 4<sup>th</sup> or middle of the 7 chakras, just as green is in the middle of the physical color spectrum. Moreover, love is the key to healing mind, body and soul. Therefore, middle or forest green, which represents balance and healing, is the color of harmonizing love. So, be green, eat green, love green nature, and suffuse others in green light. Enlighten and heal with green love.

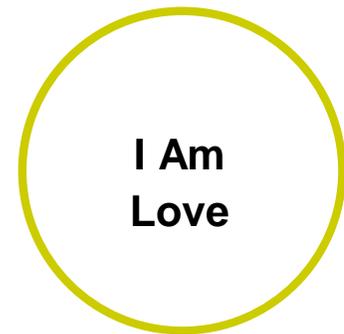


**Love-Astral-Pink.** The astral body looks like and interpenetrates the physical body, but consists of finer vibrations that we see and feel with our psychic senses (some call the astral body the etheric double.) This soul-body reflects subconscious memories and feelings. Pink correlates with personal, emotional love, and is the color of the Third Ray of Personal Love, Devotion and Dedication. As many have, Charles Fillmore said pink is the color of love. In *Birth of the Light Body*, pink is the color of passionate zeal.

Think pink. Feel in the pink. Flood pink from your heart into every part of the double dome or ball of light that you are. Put on pink clothes. Envision friends, family and foes in a pink cloud of love. See pink. Feel pink in your heart & soul. Be passionately devoted to pink love in action.



**Love-light body-white.** Our 4<sup>th</sup>-dimensional light or Christ body is the vehicle of our I Am Self. At this superconscious level, love is white. Along with gold, white is the color of the Seventh Ray of Divine Peace, Love and Rest. In *Birth of the Light Body*, white is the power of love, whereas gold is the color of the light body. When Jesus was transfigured on the mount by his light body, brilliant white light shone through him. When Mary appeared in her light body atop the Coptic Church in Zeithoun, Egypt, her light form was white. When we are in the heart of our light body, we are pure white light.



Physically, white is the composite of all colors of the spectrum, and expresses all of them. Divine love likewise encompasses all of the other powers in a white ball of light. Be this ball of white light whose center is in your heart. Whomever and whatever you attract magnetically into your force field, white light this person and all life with love. Color everyone and everything white, which is the color of the I Am power of love. En-light-en others with love divine.

**How are you to know which color is best for each person or situation?** Experiment with all three colors, like a painter works with the whole color palette. See how green, pink and white feel when you see each one within you, and when you radiate each of them to others.

When you begin to feel comfortable with using the three love colors, take it to the next step: Ask and you shall receive. Ask Spirit and the I Am Self of the other person to show you the color that is best suited for each love projection. Of your mortal self, regardless of the system you use or the knowledge you have, you cannot ever fully know what is best for each unique child of God. Only in I Am consciousness can you receive this directly and correctly.

**Typically, each color-visualization lasts 5-10 minutes**, and then the color fades completely or turns into gold, representing completion and fullness. You can do the same color-imagery a couple times a day at most, but always it is best to follow your intuition as to when, how much and with whom.

**In the final analysis, know them by their fruits.** You will only know if you have received and transmitted color correctly and most beneficially by observing the results of this healing activity.

**Color your life with love.** Be divine love in action on all three levels: light body, astral body and physical body. As you sow, so shall you reap.