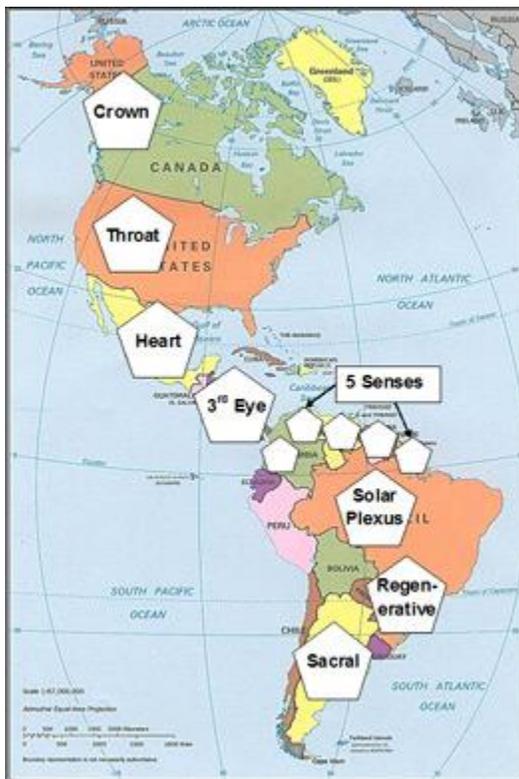


## ONENESS 101: 34 – Oneness of 7 Major & 5 Minor Centers

Compare your spiritual anatomy to that of the Western Hemisphere. You have 7 major chakras and 5 minor centers. The 7 major chakras are: crown, third eye, throat, heart, solar plexus, regenerative and sacral. The 5 minor centers correspond to the 5 physical senses.

In their functions, the 7 major chakras consist of: **three upper chakras** (crown/faith, throat/will and power, and heart/love) that correlate with the superconscious, I Am or Christ part of our triune being, which expresses via our light body; **three lower chakras** (solar plexus/order, regenerative/regeneration and sacral/elimination) that correspond to our mortal, personal, conscious, physical self; and the **third-eye chakra** that is the principal site of our soul or subconscious, which expresses in and through our astral body (some call this body the “etheric double”). The third eye/astral body is the subconscious doorway between the superconscious and conscious, and between the light body and the physical body.

Our 5 physical senses externalize primarily via our 5 physical senses; our power of understanding functions via these senses and our conscious, analytical abilities. The spinal cord and nerves serve as a channel or conduit that links all the centers; our power of strength expresses via the spine and nerves.



As one arbitrary model of the Western Hemisphere, see its crown chakra in Alaska (where Sananda-/Jesus retreated in the ancient battle of spiritual wills between the Cains and Abels); its throat or power center in the United States (the single superpower in the world), and its heart/love chakra in Mexico (where Sol-O-Man appeared as the Virgin of Guadalupe).

See the third eye in Central America, it being the bridge/doorway between North and South America.

Picture the 5 minor centers (5 senses) in the 5 northernmost South American countries: Colombia, Venezuela, Guyana, Surinam and French Guiana.

Envision the solar plexus in the Amazon Rainforest in north-central Brazil; the regenerative center in the Rio de Janeiro/Sao Paulo region of Brazil; and the sacral chakra in Argentina.

The so-called “spine of the Americas” comprises the mountain ranges from Alaska all the way down the western part of the hemisphere to the tip of Chile.

**Visualization:** Be still and unite with your indwelling I Am Self that expresses via 12 spiritual powers through your 7 major and 5 minor centers. Be balanced. Be one with the One.

Link your Christ essence with the spiritual logos or matrix of the entire Western Hemisphere, which is to function as one united, integrated, holy and whole body of I Am consciousness, love and light. Imagine that your crown chakra is one with the crown chakra in Alaska/Canada; your throat chakra is one with the United States as the hemisphere's power center; and your heart center is one with Sananda-Jesus, Sol-O-Man/Mary/Virgin of Guadalupe, and Mexico.

Your third eye is united with Central America, and your five senses are joined with the 5 northernmost countries of South America; your solar plexus interconnects with the Amazon Rainforest; your regenerative chakra with Sao Paulo and Rio de Janeiro of Brazil; and your sacral chakra with Argentina. Your spine and the "spine of the Americas" are one spine.

As one holy child of God, be one with the whole Western Hemisphere. See it. Realize. Be it. Oneness 101.

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To make a **donation** for the upcoming South American Mission in which my wife MariLyn and I will be traveling for 6 weeks throughout the continent to anchor a pentagonal canopy of unity and integration, please write your check, and send it, to: **Mark-Age, Inc., PO Box 10, Pioneer, TN 37847**. Write "South American Mission" in the memo section in the lower left hand corner of the check. Your prayers and contributions are what make this mission possible. Thank you!