

144,000: 19 – Release the Thymic Ties that Bind

Jesus (I Am) said to Peter (faith): I will give you the keys of the kingdom of heaven; and whatever you bind on earth shall be bound in heaven, and whatever you release on earth shall be released in heaven. (Matthew 6:19,20)

The keys are the twelve powers that function in and through the twelve key thrones or power centers in our cerebrum. Whatever we believe and trust to be true gets programmed into and through these twelve thrones, each of which governs a particular part of the body. For example, the estimated 12 billion cells that make up the wisdom-judgment-justice throne regulate the endocrine glands, whose hormones bring balance and harmony to the other body systems.

We typically don't feel judgment occurring in our cerebrum, but rather we sense it in the rest of our body. Thus, in judging a relationship, we "feel it out" in our heart. By our heart, we often mean our thymus gland, which is located just below our sternum or breastbone. In our head, we logically can analyze the pros and cons of a love relationship all we want, but our wisest judgment comes from our intuitive ability to weigh things in our heart-of-hearts or thymus.

On Good Friday, April 10th, deep in the silence of my morning meditation, via my third eye and judgment faculty, I was shown a vision of a woman who had about a one-inch band of metal around her chest, whose ends were bound together in a small box at her sternum. This binding reminded me of metal bands that are placed around multiple pieces of cardboard to hold them tightly together in a compacted mass. Moreover, the tight band around this woman's chest made it difficult for her to breathe deeply and had caused her energy or life force to back up such that she had sinus problems and respiratory allergies.

Later that day, I talked with this woman and told her my vision. She replied that in the last few weeks she had been reviewing traumatic events in her childhood. Her father had died in an accident when she was 7 years old. Compounding her grief, her mother had remarried and her step-father had been abusive. For years, she had worked to forgive her step-father, but now she still was in the process of forgiving her mother. How could her mother have married such an idiot and subjected her daughter to his negativity?

Here was the band around her chest, for as we judge, so are we judged. The knot was at the thymus, in the center of her chest, where she tightly held onto her judgmental view of her mom and where she had not yet been able to forgive her. As a result, she was bound to her past pain that went all the way back to her childhood. Since the thymus regulates the immune system, this old soul scar tissue (whose memories were programmed in her brain) led to respiratory problems including allergies.

In our healing session, I initially thought that we would have to focus much time and energy on her forgiving her mom and stepdad. However, in psychically sensing her auric field both via my third eye and my hands, I realized that all that remained from her intensive soul work with her family was a thin band of restrictive energy that was easily broken and swept away during the auric balancing work. Then, I was shown a golden wire or tube that went from her physical brain up to her light body brain. Down through this conduit, the golden light of her light body streamed into her crown chakra/cerebrum and all her lower chakras and corresponding physical organs, especially her heart chakra and thymus gland. Now, with faith, love, forgiveness and healing, she was no longer bound to her soul scar tissue but rather was able to complete her forgiveness work in her light body as it transfigured and flowed through her.

Visualization: Be still and settle into your heart-of-hearts in the center of your chest, which is your thymus gland. How does it feel? Free, easy, open, flowing, happy? Or restricted, painful, angry, upset? How does your whole chest feel when you breathe? Give this evaluation and judging process a considerable amount of time so that you can get in touch with your true, subtle feelings.

Who is that you are still bound to in your thymus by your anger, hurt, shame, guilt, misjudgment or refusal to forgive? Who do you believe still deserves to be punished or is beyond the grace of God? Ask Spirit to release and free you from this sick soul, whose imbalance you have compounded by refusing to forgive him/her. Let go and let God do the judging and forgiving through you, thereby severing the thymic ties that have bound you together in a state of dysfunction and disharmony. See your thymus filled with green light that harmonizes you and your tempter. Have faith that with love and wise judgment you will enter the kingdom of heaven on Earth.